

# Connect to Your Benefits Plan Information

## Meritain Connect for Members

### Logging into Meritain Connect

Meritain Connect gives you the information you need to understand and manage your employee healthcare benefits. Plus, you can access wellness tools and resources, too.

### How to log in

If you have accessed a Meritain Health website in the past, you can simply visit <https://www.meritain.com> and click *Login* in the upper right-hand corner. Then, enter your previous username and password, and click *Login*. Please note, if the system prompts you to re-register, follow the below steps for new users.

### For new users or to re-register:

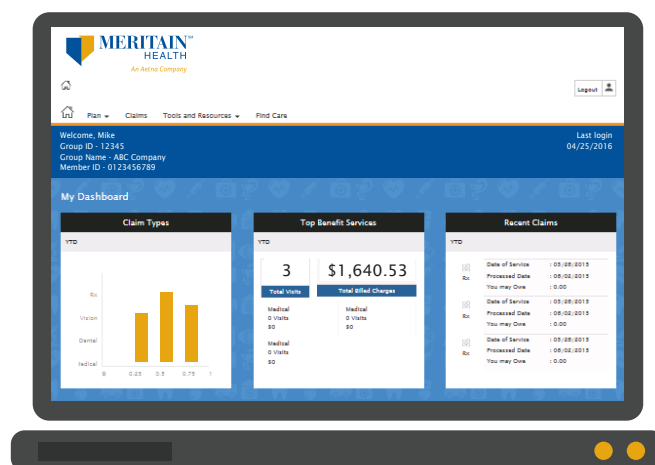
- On the login page (<https://www.meritain.com>), just click *Register*.
- Click on the *Member* tab.
- Enter your Group ID (which you can find on your member ID Card) and click *Next*.
- Enter your personal information, as prompted, then click *Next*. (The *Middle initial* and *Suffix* fields are optional.)
- Review your information. You can click *Cancel* to start over, or *Previous* to make changes. You can confirm your information by clicking *Yes, I am*. Then, just click *Next*.
- Create a username and password. If you are re-registering, you will not be able to reuse your current username, and will need to choose a new one. For security purposes, we recommend NOT using your Social Security number as your username.
- Your password must be at least ten characters long and contain at least one of the following:
  - An uppercase letter
  - A lowercase letter
  - A number
  - One of the following symbols: ( # \$ ! % ^ @ & \* ) = + -
- Choose your security question and answer.
- Review the terms and conditions, and click *I agree to terms and conditions* and *Next*, or click *Cancel*.

Once you log in, you'll have access to a webguide with additional information about how to use Meritain Connect.

**If you have any questions, we can help. Simply call Meritain Health Customer Service using the phone number on your member ID Card.**

[www.meritain.com](https://www.meritain.com)

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### Stay on top of your benefits

Meritain Connect is your all-in-one tool for managing your benefits. When you visit Meritain Connect, you'll find:



Your benefits information—all in one place.



Time-saving features at home or on-the-go.



A sleek new streamlined design.

